

COMMUNITY RESOURCES Local Experts In and Around Naples

BIOLOGICAL DENTIST

Dr. Josephine Perez, DMD

Naples, FL • 239.692.9623
pureidentalnaples.com



Dr. Josephine Perez, DMD, has been practicing dentistry for 29 years. She is a graduate of Tufts University School of Dentistry in Boston and interned at New Orleans Coast Guard/ Navy Base. Her holistic approach to dentistry encompasses each person's unique and entire (or whole, therefore holistic) state of physical and emotional well-being. The ability to maintain health through preventive measures and treatments of oral disease is her priority. Dr. Perez focuses on the underlying condition, rather than only treating the symptoms. She tests for biocompatibility to find pathways to reduce inflammation.

DIABETES REVERSAL COACHING

Denise A. Pancyrz, CHN, DSS™ CuraVida Wellness Solutions

Marco Island, FL • 877.287.2843
denise@mycuravida.com
MyCuraVida.com



The conventional approach to managing type 2 diabetes long term is not effective. Holistic lifestyle coaching helps to reverse the effects of diabetes, guiding you away from counting carbs and diets and leading you to recognize factors that affect your glucose. Lower your A1c, stabilize glucose levels, increase your energy, and lose weight naturally.

ESSENTIAL OILS AND NUTRIENTS

Susie Bagwell I Love Oils, Inc.

Fort Myers, FL • 586.604.3500
susie@iloveoils.com • iloveoils.com



Susie Bagwell has been using essential oils for over 20 years and helps her customers with cutting edge natural solutions. Her "Smell 'em Wear 'em Drink 'em" slogan applies to more than just certified pure essential oils. Her dōTERRA brand products also include bioavailable supplements and exclusive home care products.

FLOAT SPA

Cloud9 Float Spa

Fort Myers • 239.887.4161
c9floatspa.com



Cloud9 Float Spa & Wellness Center will be celebrating our 6th anniversary on April 1. What an exciting time it has been as we continue educating clients on the many benefits of magnesium for health. Many lives have been restored, reclaimed, and enriched by adding floating to their weekly routine. Make your appointment today to start enriching your life.

FUNCTIONAL & REGENERATIVE MEDICINE/ INTEGRATIVE MD

Dr. Carol Roberts, MD

Eagle's Eye

Florida • 762.218.2663
eagleseye@transformationalmedicine.net
grokingwholeness.info



Personal guided psychedelic journeys and group retreats, for the seeker of truth -End of Life -Stuck in a Bad Place -Curious to know a Larger Reality -Freedom of Consciousness
Medical Doctor with Shaman Training.

Alyssa Rothman, PA-C, MSBS Youthful Labz Longevity Center

Naples, FL • 239.877.1659
youthfullabz@gmail.com
youthfullabz.com



Youthful Labz Longevity Center is redefining healthcare through comprehensive blood analysis and precision medicine. We combine EBO2 "blood oil change," advanced IVs, HRT, peptides, & regenerative medicine, including stem cells and exosomes, to correct root-cause dysfunction. Our data-driven protocols optimize cellular performance, enhancing energy, longevity, and overall health beyond traditional medicine.

NUTRITION/REGISTERED DIETITIAN/PRIVATE CHEF

Lisa Brown

Free Flowing Health

Personal Chef Services

Fort Myers, FL • 646.642.0083
Lisa@freeflowinghealth.com
freeflowinghealth.com



Lisa Brown, founder of Free Flowing Health, is a sought-after personal chef in South-west Florida specializing in refined, health-conscious cuisine crafted exclusively in clients' homes. With over two decades of experience, she provides customized weekly meal preparation, private dining, and elevated menus tailored to individual goals and lifestyles.

SELF HEALTH

Candice Rosen RN, Health Counseling

Candice Rosen, RN • candicerosenrn.com



Candice P. Rosen is a registered nurse, social worker, nutritionist, health counselor, and author. She is the creator of The Pancreatic Nutritional Program and Data-Driven Fueling. She has spent her life's work focused on improving the wellness of both her clients and her community. She advocated for preventative medicine, improved disability access, promoted maternal and infant health, and worked to bring awareness to the global obesity and diabetes epidemics.

PHYSICAL THERAPY/ FITNESS/PERSONAL TRAINING

Physical Therapy

Erica Szoc

Barre Fusion Pilates Studio

Naples, FL • 239.231.4178
erica@barrefusionfl.com
barrefusionfl.com



"Barre Fusion" was established in 2015, but unlike some people assume, we are NOT just a Barre Studio!

Providing 35 Pilates Reformer classes per week, our team focuses on MOVING BETTER AND FEELING BETTER. Our instructors have years of training and teaching experience plus world renowned Pilates and fitness certifications.